



**Consulate General of India  
Houston**

**PRESS RELEASE**

The Consulate General of India, Houston in partnership with several organizations and yoga institutes organised various events to celebrate the 10<sup>th</sup> International Day of Yoga (IDY) including sessions on yoga & meditation and demonstration of common yoga protocol during the month of June 2024, which were well attended across the nationalities. More than 19 organisations collaborated with the Consulate including Heartfulness Institute, Art of Living Foundation, SVYASA, India House, Gujarati Samaj of Houston, I Do Yoga San Antonio, Swastha Yoga, SEWA, HSS, Ibn Sina Foundation, Hindu Temple of Woodlands, Brahma Kumaris, Indian Association of Baytown, Union is Creation, Indian Association of Oklahoma, MGMNT Dallas, JK Yog, Sundar Yoga, Hindu Yuva University of Houston, Texas A&M College Station Hindu Yuva, Yoga Bharti, VHPA.

More than 50 events were organised in cities of Houston, Austin, Dallas, San Antonio, Sugarland, Pearland, Fulshear, Baytown etc. in Texas and in Denver, Colorado Springs, Bentonville (Arkansas), Oklahoma City and Kansas City etc. in the cities of Southern United States.

Some of the highlight events were:

Yoga at NASA Houston, at Capitol in Austin, at Riverwalk in San Antonio and at Mahatma Gandhi Memorial Plaza, Irving/Dallas.

Students also enthusiastically participated in the IDY celebrations held at University of Houston and Texas A&M College Station.

The events, both hybrid and in-person, spanned across the southern states and saw enthusiastic participation and a footfall of more than 4000.